



Phyllis Plost

June 26, 1931 - May 17, 2024

Phyllis June Plost, 92 years young, passed away on May 17, 2024. Phyllis was a little lady with a big personality and a bigger laugh. She loved to have fun and was the life of every party she attended. And when she attended an event that wasn't a party, it became a party once she arrived!

Phyllis was born in Tulsa, Oklahoma (in the same hospital as the man she would marry) and grew up in Wichita, Kansas. She adored her two younger sisters, Marillyn and Joan. Growing up, the three of them would put on plays for their family (which Phyllis no doubt directed), and they all stayed close throughout their adult lives.

Phyllis attended the University of Oklahoma, where she joined Sigma Delta Tau, met her husband Herbert ("Hershey") Plost and started her lifelong Sooner fandom. Phyllis and Hershey were inseparable and loved every minute of each other's company. The two returned to Tulsa, Oklahoma, where they raised three children—Jerry, Randy, and Hildy.

Phyllis was a voracious reader and spent many hours relaxing on her back porch with a book. Together, Phyllis and Hershey were extremely active and filled their weekends with boating, tennis, golf, and long walks together hand-in-hand. They were also expert jitterbug dancers and were not shy in displaying their skill when the music started playing—especially at happy

hours.

Phyllis had a magnetic personality and could (and would) strike up a conversation with anyone. She was an avid mah-jongg player and would often gloat about her “high-stakes” winnings from the week. Although perhaps less competitive, she also relished playing jacks, board games, and hide and seek with her grandchildren and great-grandchildren.

No matter what role Phyllis was playing—wife, friend, mother, grandmother, or great-grandmother—she approached it with unparalleled enthusiasm and joy. She lived a wonderful life.

Phyllis was adored by her whole family, including her husband, Herbert (“Hershey”) Plost; her children and their spouses, Jerry (deceased) and Debra Plost, Randy and Holly Plost, and Hildy and Michael Caplan; her grandchildren and their spouses, Zach and Mindy Plost, Lindsey and Jared Rockoff, Sam and Brielle Plost, Jennifer and Justen Barks, Grant and Liz Plost, Brandon and Faye Plost, and Clark Plost and TJ Martin, and fourteen great-grandchildren. She will be greatly missed.

In lieu of flowers, please consider a donation in Phyllis’s memory to The Pancreatic Cancer Action Network (https://secure.pancan.org/site/Donation2?df_id=6701&mfc_pref=T&6701.donation=form1) or a charity of your choice.

A private graveside service was held.

Cemetery Details

Emanu El Memorial Park

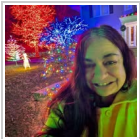
8341 Bissonnet St
Houston, TX 77074

Tribute Wall

EG

“ Sorry to learn of Phyllis' passing Hershey. We now have a new angel looking out for us all. My thoughts and prayers are with you. I have so many fond memories when visiting Tulsa. Ellyn Greenwald

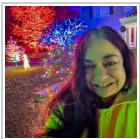
Ellyn Greenwald - May 20, 2024 at 08:44 PM



“ 2 files added to the album From Grandma Ann's House in Tulsa



Stacy Laughlin - May 19, 2024 at 07:17 PM



“ Dear Uncle Hershey, Hildy, Randy, and all your family members, We were so sorry to hear of Aunt Phyllis' passing. She was a wonderful, vibrant person and she will be greatly missed. Sending our love and prayers for your comfort. May her memory be a blessing. Love, Stacy Laughlin and family; Donna and Dennis Brown; and Uncle Fred Winer



Stacy Laughlin - May 19, 2024 at 06:52 PM

KN

To all members of the Plost family, I want to offer my condolences regarding the passing of Phyllis. She always brought a smile to my face when I saw her. Her smile was contagious.

*Fondly,
Karen Neuwald*

Karen Neuwald - May 19, 2024 at 07:57 PM

JD

I love and loved my sister with all my heart. She always was here for me, and I will miss her every day for the rest of my life. I am lucky to have had two wonderful big sisters.

Joan Davis - May 19, 2024 at 11:55 PM

AD

Phyllis will be greatly missed. We had such wonderful times playing Mah Jongg with her every week. She was the life of the group and the best player. Phyllis was a very caring person, a great friend, and always kept her high spirits in all circumstances. It was a pleasure spending time with her. May she rest in peace. We all loved her. Alina Deutsch

Alina Deutsch - May 20, 2024 at 04:13 PM

SS

Dear Hershey, My life is richer because I had the good fortune to have you and Phyllis as my aunt and uncle. The two of you were the perfect example of what Frank Sinatra called "the very young at heart". As I grew into adulthood, you both were my role models for how to have a loving and caring marriage. You were also loving and doting parents who helped your children become "self actualized" before the term appeared in psychology books.

A big thanks for all the kindness and generosity of spirit you and Phyllis have given me over the years, especially after Daniel was diagnosed with autism at age three.

May the memory of Phyllis forever be a blessing. May the Lord bless and keep you.

Hugs to you and all the family.

Much love, Sherry

Sherry Salomon - May 20, 2024 at 08:37 PM